

LOVE YOUR WORK



Find Your Perfect Job

Nick Tunbridge

CONTENTS

PROLOGUE		7
<hr/>		
CHAPTER 1	Who Are You?	9
<hr/>		
CHAPTER 2	Your Natural Talents	23
<hr/>		
CHAPTER 3	What Do You Want to Do?	33
<hr/>		
CHAPTER 4	Life's Critical Stages	43
<hr/>		
CHAPTER 5	Let's Go to the Future	49
<hr/>		
CHAPTER 6	The Art of Confidence	59
<hr/>		
CHAPTER 7	Making it Happen	65
<hr/>		
CHAPTER 8	Managing Fear	89
<hr/>		
CHAPTER 9	Taking Action	95
<hr/>		
CHAPTER 10	The Beginning	103
<hr/>		

PROLOGUE

This book is about self-discovery. It's about understanding who you really are and what makes you tick. I explain how to use a specific approach that can enable you to identify what it is that you are passionate about, where your natural talents may lie and how to apply this knowledge to find your perfect job.

Imagine your happiness and success at work if you are employed in a job that is aligned with your talents and helps you to reach your goals. Every day you move closer to achieving the things in your life that are really important to you. What would that job look like? What would the company that employed you or the business you own look like?

You leave clues about yourself in everything you do. By understanding and becoming more conscious about what you are doing, why you are doing it, what you like doing and what you don't like doing, you can make more informed decisions about your career. It sounds easy, but the surest way to have a successful career (and for that matter it is also a large part of having a successful life), is to do what you love. I think it was Winston Churchill that once said that success follows the person who can make his hobby his vocation. Sounds reasonable but for a lot of people it can be hard to find a job that they will be passionate enough to keep at over the long term.

I have met many people through the course of my career as an executive search consultant that have felt unfulfilled, believing that they could do more in their professional lives. A lot of people want to make changes but end up doing nothing. Often they do

not know what it is that they really want to do and how to go about making it happen. Some people just accept a comfortable numbness and repeat day after day pushing their dreams away and wasting their natural talents doing a job that they are, in actual fact, not suited to doing.

Let's begin with an exploration of you. We will visit your choices and explore your personality. Are you an extrovert or an introvert and why should you care anyway? What are your talents, how do you find them and how will they help you to get your perfect job? We explore life's critical stages and learn to goal-set using a life line. What will the job market look like in 20 years and how will the mega trends that are affecting the world today impact your career choices tomorrow? One of the most important skills anyone can have is confidence; and did you know that confidence creates luck? I will give you the secrets of lucky people and what they do to stay lucky. We will learn how to make changes in an effective risk-controlled way where we will make the change really work for you.

This book is set out in chapters that follow a logical progression. Please read it from cover to cover, follow the chapters in order and answer the questions with complete honesty.

I am passionate about people reaching their true potential and this is why I have written this book. I have kept it brief so that the message is not lost in hundreds of pages of detail but rather is conveyed in a concise style that will allow you to make positive and sustainable changes to your life.

So what are you waiting for? Let's get started.

CHAPTER 1



Who Are You?

Have you ever had a really successful day at work – perhaps you closed the deal made the sale whatever it was that by your reckoning made the day a special one – to find at the end of it you felt nothing. You felt indifferent, there was no buzz. I know I have. It's a strange feeling in many ways because what used to be meaningful to you in that job no longer is. I believe that this is cause to celebrate. Celebrate because you have arrived at a turning point in your life, a point where you have the opportunity to make some positive changes in your life. If you don't take action, you risk becoming dissatisfied and unfulfilled with your career, which will affect your relationships and enjoyment of life just as much outside of your work as within it.

You need to feel really good about the job you do. The fact that you even recognize that you have lost the buzz tells you that you once had it and that it was important to you. You are feeling bored and miserable because you miss the feeling of being alive and loving what you do, and you want it back. This is good news as it means that you are someone who wants to feel the juice of living and that there must be more to your life than what you are currently experiencing.

The first thing that I would ask before we start looking at our lives and how we are living them is to accept this home truth. You have chosen how you currently live and what you do for a living, and this is your doing. Of course the people who love you want you to be happy; but what can they do about it? Can your husband, wife, children – whoever the special people are in your life – go out and get you your perfect job? I don't think so. The sooner you realize that what you do for a living is your choice and 100 per cent your doing and no one else's fault, the more able and ready you will be to make changes in your life.

Whatever you are doing now and whatever you will do in the future is 100 per cent up to you and not the responsibility, success or failure of anyone else. You did it to yourself – it's all your doing.

But the mortgage, the school fees – we have to eat. I just can't go off and do whatever I like.

No excuse you can change your life if you really want to. If you keep enduring a lifestyle that is fundamentally making you unhappy, how can that be someone else's fault?